

## Fun and Free in DCPS: Experiential Learning Opportunities for Families – July 2010

Date	Time	Program	Instructor/Presenter	Location
July 7 and 21	6p.m.	PTA Prep Series	PFRC Staff	PFRC Ward 7 (inside Shadd ES, 5601 E. Capitol St., SE) 202-645-4374
July 8	6-7p.m.	Uncovering Gifts and Talents: Bring out the Best in Your Child	Weinfeld Education Group, LLC	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd., SE) 202-645-6619
July 8	6:30-7:30p.m.	Learning through Games	PFRC Staff	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 <sup>th</sup> St., NW) 202-673-2028
July 10	10a-1p.m.	Fun and Free DC	PFRC Staff	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 <sup>th</sup> St., NW) 202-673-2028
July 13	2-4p.m.	Math in the Kitchen	PFRC Staff	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 <sup>th</sup> St., NW) 202-673-2028
July 13, 15, 20, 22, 27 and 29	12 – 1p.m.	Family Book Club	PFRC Staff	PFRC Ward 7 (inside Shadd ES, 5601 E. Capitol St., SE) 202-645-4374
July 14, 15, 16	10- Noon	Math through Sports	PFRC Staff	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE) 202-645-6619
July 15	6:30-8p.m.	Nutrition in the Kitchen	Chef Barthley, Roosevelt STAY Program	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 <sup>th</sup> St., NW) 202-673-2028
July 17	Noon-3:30p.m. Lunch from 12-1p.m. (Bus departs 1:15p.m. and returns 4p.m.)	Moving American History: Fun Family Tour of the American History Museum	Magdalena Mieri, Director, Program in Latino History and Culture, National Museum of American History	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 <sup>th</sup> St., NW) 202-673-2028
July 17, 24, 31	10:30- 11:30 a.m.	STAR (Sing, Talk, and Read)	Polly Ross, Mt Pleasant Children's Librarian, D.C. Public Library	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 <sup>th</sup> St., NW) 202-673-2028
July 20	3-4p.m.	Numbers Count	PFRC Staff	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 <sup>th</sup> St., NW) 202-673-2028
July 21	10-11:30a.m.	Nutrition in the Kitchen	Chef Barthley, Roosevelt STAY Program	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 <sup>th</sup> St., NW) 202-673-2028
July 22	11a.m.	Navigating Special Education	Weinfeld Education Group, LLC	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE) 202-645-6619
July 22	6:30-8p.m.	What is an Herb? A Plant with a Use	Sandra Farber Bandier, DC Master Gardener Coordinator/Extension Agent	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 <sup>th</sup> St., NW) 202-673-2028
July 24	11a.m.-3p.m. Bus departs 11:15a.m.	Learning in the Garden	Washington Youth Garden, National Arboretum	United States National Arboretum 3501 New York Ave., NE
July 27	2-3:30p.m.	Nutrition in the Kitchen	Chef Barthley, Roosevelt STAY Program	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 <sup>th</sup> St., NW) 202-673-2028

*See descriptions on the other side.*



**This month, we are focusing on ways to help you create meaningful, fun and experiential learning opportunities for your children. Join us to learn simple strategies you can use at home, meet other DCPS families and participate in activities to help maintain student achievement.**

### ***Descriptions***

**Family Book Club:** Spend time with your child and other families reading books, playing games and strengthening your child's love for literacy. Families receive a free book to take home during each Family Book Club, and light refreshments will be served. For age 6 and younger.

**Fun and Free in DC – Ways to Promote Summer Learning at Home:** Even though school is out for the summer, your child's learning continues. Join us to learn about fun ways to promote and maintain academic achievement throughout the summer. *For all ages.*

**Learning through Games:** Playing board and card games are fun and easy ways to reinforce basic literacy and numeracy skills, teach rule-following, social interactions, strategizing, collaboration, sportsmanship, and more. We'll play a number of games (and teach you how to play if you don't know how!) and show you how to help build your child's skills and identify possible weaknesses. *For all ages.*

**Learning in the Garden:** Bring your children on a trip to the Washington Youth Garden (located at the National Arboretum) to learn about the WYG programs, tour their gardens, visit the new Nature Explore Classroom and meet beekeeper Toni Burnham who will facilitate interactive demonstrations with the garden's new honeybee hives. Families also can participate in garden crafts and enjoy refreshments and music. This activity is a fun way to engage your child in science and nutrition activities. *For all ages.* Space is limited. Please R.S.V.P. to 202-673-2028.

**Math in the Kitchen:** Reinforce math skills and have fun creating tasty dishes with your child. *For all ages.*

**Math through Sports:** Did you know that understanding math is critical to understanding sports? This interactive workshop will show you and your child how to learn and strengthen math skills through a variety of sports such as basketball, baseball and football. *For all ages.*

**Moving American History: Fun Family Tour of the American History Museum:** Explore, discover, and enjoy a unique cultural tour and scavenger hunt through the National Museum of American History exhibits "America on the Move", the "Spark Lab", and the original American Flag. We will have a free lunch with the program director and then she'll take us on a guided tour of the exhibits. Children will practice their observation and reasoning skills, and tap into their creativity. *For all ages.* Space is limited. Please R.S.V.P. to 202-673-2028.

**Navigating Special Education:** Come receive the resources and support that you need for your child and family. You will meet other families/caregivers with similar concerns and questions. This informative and interactive session is for everyone, especially parents and guardians who have children in special education programs.

**Numbers Count:** Need some ideas on how to reinforce and expand basic math skills with your child? Join us to learn how to use everyday activities to showcase your child's math skills. *For all ages.*

**Nutrition in the Kitchen:** Does your child know how to eat healthy? Do you know the best way to feed a thriving child? Join us for this nutrition and cooking series that will teach you and your children about basic nutrition and simple and healthy meals. Cooking involves literacy and math skills and focuses on following directions. We will also discuss some of the changes coming to school meals. *For all ages.*

**PTA Prep Series:** Start preparing for the 2010-2011 school year now by participating in PTA Prep workshops. These workshops will focus on how parent organizations can successfully organize, recruit members and plan activities to help parents support schools. The first workshop topic will focus on improving recruitment and membership.

**STAR (Sing, Talk and Read) Program**

These interactive workshops will teach you how to help prepare your preschool child to read at a young age. Free books and breakfast are provided at each session. For parents/caregivers with children ages 3 to 5.

**Uncovering Gifts and Talents: Bring out the Best in Your Child:** What are your child's strengths and interests? Do you know how to channel those strengths and interests into fun learning opportunities? Through activities, discussion, film clips and interactive experiences you and your child will tap into interests and find ways to use them to promote learning. *For all ages.*

**What is an Herb? A Plant with a Use:** Work with UDC Master Gardener Sandy Farber Bandier to create an herb garden in recyclable containers. You and your children will learn basics about gardening and the multiple uses of herbs. This is a great way to introduce your child to gardening in the city. All materials will be provided. *For all ages.* Space is limited. Please R.S.V.P. to 202-673-2028.